



**Hockwold Village  
Magazine  
January 2012**

**[www.hockwold.info](http://www.hockwold.info)**

# DIRECTORY

## **Parish Council**

Chairman - Pat Raburn 01842 827719  
Clerk - Geraldine Taylor 01842 828598

## **Borough & County Council**

Borough Councillor in Hockwold - Martin Storey 01842 828016  
County Councillor - Tony White 01366 502133

## **Churches**

St James'  
Weddings—Revd. Joan Horan 01842 828034  
Methodist  
Revd. Barrie Morris ( Mildenhall ) 01638 713145  
Revd. Stephen Oliver ( Thetford ) 01842 753819

## **Doctors**

Lakenheath Surgery 01842 860400  
Feltwell Surgery 01842 828481

## **Hospitals**

West Suffolk ( Bury St. Edmunds ) 01284 713000  
Queen Elizabeth ( Kings Lynn ) 01553 766266  
Thetford Cottage Hospital 01842 752499  
NHS Direct 0845 4647

## **Vets**

Paul Jarman 01842 828938  
Old Golf House 01842 814043

## **Police** ( ask for Downham Market )

Safer Neighbourhood Team 0845 4564567

## **Taxi**

01842 828471

## **Schools**

Hockwold Primary 01842 828275  
Feltwell Primary 01842 828334  
Methwold High School 01366 728333  
Downham Market High School 01366 388717

## **Citizens' Advice Bureau**

01842 812476

## **Samaritans**

0345 909090

## **Rubbish Clearance**

01553 776676

## **Funeral Directors - Michael Denney & Sons**

01842 862777

## *New Year—New Activities*

January can be sometimes be regarded as a dull month I think—a bit of a let down after the Christmas festivities, usually cold and grey, back to work with no break in sight until Easter, and the bank account suffering after the holidays excesses. However, it can also be the perfect time to do something you have never done before. With New Year Resolutions being fresh in the mind, what time could be better to get involved in an activity or club that you had always meant to but just never found the time.

RSPB Lakenheath is looking for volunteers, as too is Hockwold Country Fair. There is lots of arts and crafts clubs locally, and even bridge and darts clubs. This magazine is always keen to have new contributors, be they of print or photo—so don't hold back—get involved in something new! There is lots of ideas in the magazine this month, maybe there could be something there that strikes a chord with you and liven up a dull January.

Happy New Year to you all!

*Laura Sands—Editor*

P.S.— Many thanks to Leslie Hardwick for the lovely front cover image. Let's hope it's not quite that frosty all month!

### **FEBRUARY CONTRIBUTIONS BY 15th JANUARY PLEASE.**

**51 Main St, Hockwold  
sands\_laura@hotmail.com  
T: 01842 829079**

**(items received after this date cannot be guaranteed to be included,  
and all inclusions are at the editors discretion)**

If you would like to advertise in the magazine for as little as £4 per month please contact: Sheila O'Brien on 01842 827141

Laura Sands—Editor

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Linda Arbour—Distribution

T: 01842 827217, email: arbours@maltslane.fsnet.co.uk

# HOCKWOLD METHODIST CHURCH

Preachers appointed for Sunday morning worship at 11am as follows:

1st Jan. Rev. Barrie Morris  
8th Jan. Mrs. Joy Wilkinson  
15th Jan. Rev. Barrie Morris (CS)  
22nd Jan. Rev. G. Eastwood  
29th Jan. Rev. R. Hills



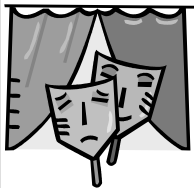
## Flower Arrangers

Silk flower arrangements will be used during the winter months.

Wishing everyone a Happy, Healthy and Peaceful New Year from all at Hockwold Methodist Church.

*Margaret Allsop*

## HATS News



A Happy New Year to everyone!

We would like to congratulate Emily-Kate Chalk on winning the £20.00 'Spot the Difference' competition in the 'Jack and the Beanstalk' programme. Well done, Emily-Kate - I couldn't find any of them . . .

Thanks to the support of lots of folks like Emily-Kate, who came along in great numbers to cheer and boo, our pantomime was a tremendous success. An unbelievable amount of hard work goes into staging a show like this, but the fantastic buzz we get from our audiences makes it all worth while.

We were hoping to announce a very thrilling production for the spring in this issue of the magazine, but have had one or two setbacks. However, by the time you read this, we will have confirmed the next show and got things underway. **Give Gary a call on 01842 814679 or keep an eye on our website, especially if you are intending to audition: <http://hockwoldamateurtheatrical.clubbz.com>**

## W.I.

The first W.I. meeting of 2012 will be on Wednesday, 4th January which will be 'Party Night'. Our Secretary Geraldine and Treasurer Ruth have put together a very interesting and varied programme for 2012, so come on ladies why not try something new and make a visit to the W.I.

We meet the first Wednesday of the month, 7.30 p.m. in the Village Hall.

*Anne Dyke*

## Royal British Legion Poppy Day Appeal

This years Royal British Legion Poppy Day Appeal raised a grand total of £1007.09 from Hockwold. Many thanks to all who supported the appeal.

*M. Denney*



## Thoughts from St James'



### Epiphany or Twelfth Night

Having originated in the Eastern churches as the day of Christ's baptism, the Feast of Epiphany, celebrated on 6 January, was introduced into the Western Church in the fourth century, where it developed into the feast of the manifestation of Christ to the Wise Men and hence to all non-Jews.

On the Continent the day was marked by dramatic representations in church: clergy were dressed as the three Magi, a large star was suspended from the rafters, and a depiction of the nativity scene was revealed by drawing a curtain as the Magi approached.

Religious dramas also existed in pre-Reformation England, having developed into Miracle and Mystery plays from the 'Quem quaeritis?' trope associated with Easter, and enacted during the service by the priests, in order to make the teaching of the Gospel more vivid for the people. In 1557-58, during the Catholic Counter-Reformation of Queen Mary's reign, the churchwarden's accounts for St Mary's, Cambridge, show an expenditure of 20 pence for the 'making of a star' and a further 20 pence 'for painting and gilding the same star'.

There is, of course a clear symbolism in the representation of the Christmas Crib, found in so many of our churches, with the ox and the ass, the donkey, the shepherds and the kings gathered round the Holy Family, worshipping the infant Christ on bended knee. The animals represent the world of nature, the shepherds the mass of ordinary people and the kings the rulers and leaders of the nations - all united in praising and glorifying the God of Creation.

As the Magi were later identified as kings, it was appropriate for real monarchs to take particular note of that day. The royal custom of offering gold, frankincense and myrrh may date back to the Norman kings, and until the reign of George II (1727-1760) the sovereign performed the duty in person. Since then it has been carried out by proxy and nowadays the offering is made during Holy Communion in the Chapel Royal, St James's Palace, by two ushers to the Queen, escorted by the Queen's Body Guard of the Yeomen of the Guard.

The secular Twelfth Night, marking the end of Christmas as determined by the Council of Tours in AD 567, was, for centuries, a universal time for merrymaking and indulgence, in which there were fantasy roles of King and Queen. These roles were chosen at random by items placed in a cake, sometimes coins, thimbles, rings or a bean and a pea, and whoever drew them (the bean for the King, the pea for the Queen and a clove for the Knave) presided over the rest of the evening's merriment.

Edited, with additions, from: Roud, S. (2008), *The English Year*: Penguin

LFJ Hardwick



## St James' Church Services:

### Advent & Christmas, 2011

*Rector: The Rev Joan Horan, BA*

*In the beginning was the Word and the Word  
was with God and the Word was God.*



**January 1**

#### Second Sunday of Christmas

**Together at Ten': Benefice Holy Communion: 10.00 a.m.**

The Rev KR Waters

OT: Sue Annear: *Isaiah 61: 10—62: 3*

Epistle: GC Whitaker: *Galatians 4: 4-7*

Gospel: Janis Hardwick/The Rector: *Luke 2: 15-21*

Intercessions: Graham Whitaker

Sidesman: Keith Mansey

**January 8**

#### Feast of the Epiphany

Holy Eucharist: The Rector **9.15 a.m.**

OT: Pat Mansey: *Isaiah 60: 1-6*

Epistle: Keith Mansey; *Ephesians 3: 1-12*

Gospel: The Rector: *Matthew 2: 1-12*

Intercessions: Leslie Hardwick

Sidesman: Colin Holman

**January 15**

#### Epiphany II

Holy Communion: The Rev KR Waters **11.00 a.m.**

OT: Ann Cowper: *I Samuel 3: 1-20*

Epistle: Peter Cowper: *Revelations 5: 1-10*

Gospel: Janis Hardwick: *John 1: 43-end*

Intercessions: Graham Whitaker

Sidesman: Pat Mansey

**January 22**

#### Epiphany III

Holy Communion: The Rev KR Waters **9.15 a.m.**

OT: Colin Holman: *Genesis 14: 17-20*

Epistle: Keith Mansey: *Revelations 19: 6-10*

Gospel: Pat Mansey: *John 2: 1-11*

Intercessions: Leslie Hardwick

Sidesman: Colin Holman

**January 29**

#### Epiphany IV Candlemas

**'Together at Ten': Benefice Holy Eucharist: 10.00 a.m.**

**St Andrew's, Northwold: The Bishop of Ely**

**February 5**

**Third Sunday before Lent**

Holy Eucharist: The Rector **9.15 a.m.**  
OT: Pat Mansey: *Isaiah 40: 21-end*  
Epistle: Keith Mansey; *1 Corinthians 9: 16-23*  
Gospel: The Rector: *mark 1: 29-39*  
Intercessions: Leslie Hardwick  
Sidesman: Colin Holman

**February 12**

**Second Sunday before Lent**

Holy Eucharist: The The Rev KR Waters **9.15 a.m.**  
OT: Pat Mansey: *Proverbs 8: 1 & 22-31*  
Epistle: Keith Mansey; *Colossians 1: 15-20*  
Gospel: The Rector: *John 1: 1-14*  
Intercessions: Leslie Hardwick  
Sidesman: Colin Holman

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	<b>Cleaning</b>	<b>Rotas</b>	<b>Flowers</b>
Dec 31:	Sue Annear & Anna Roe		
Jan 14:	Mrs Laedlein		Mrs P Spate
Jan 28:	Mrs Baker & Mrs Fuller		Mrs A Fuller
Feb 11:	Mrs Millard		Mrs K Mann

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***Floral Tributes***

*If you would like a floral arrangement in the Church in commemoration of a wedding or birthday or in memory of a departed family member, please give Audrey Fuller a ring on **01842-828529** and discuss your requirements.*

**For Funerals - contact either a Funeral Director, or the Rector**

**For Baptisms & Weddings - contact:**

**The Rector: The Revd Joan Horan: 01842-828034**

**A Happy New Year to us all!**





# New Year's Instructions

Sing in the shower

Treat everyone you meet like you want to be treated

Watch a sunrise at least once a year.

Never refuse homemade brownies.

Strive for excellence, not perfection.

Plant a tree on your birthday.

Learn three clean jokes.

Compliment three people every day.

Never waste an opportunity to tell someone you love them.

Leave everything a little better than you found it.

Keep it simple.

Think big thoughts, but relish small pleasures.

Become the most positive and enthusiastic person you know.

Ask for a raise ONLY when you feel you've earned it.

Be forgiving of yourself and others.

Over-tip waitresses.

Say 'thank you' a lot.

Avoid negative people.

Remember other people's birthdays.

Commit yourself to constant improvement.

Have a firm handshake.

Look people in the eye, be the first to say 'hello'.

Return all things you borrow.

Make new friends but cherish the old ones.

Keep secrets – don't gossip.

Sing in the choir.

Plant flowers every spring.

Always accept an outstretched hand.

Stop blaming others.

Take responsibility for every area of your life.

Wave at kids on school busses.

Be there when people need you.

Don't expect life to be fair.

Never underestimate the power of love.

Live your life as an exclamation, not an explanation.

Don't be afraid to say 'I don't know'.

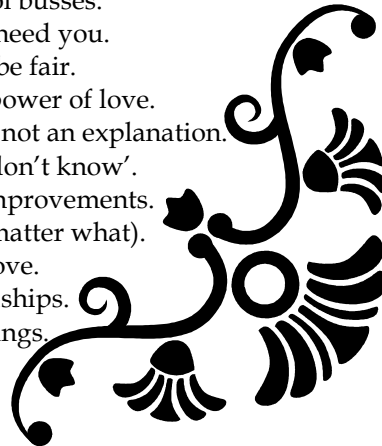
Compliment even small improvements.

Keep your promises (no matter what).

Marry only for love.

Rekindle old friendships.

Count your blessings.



## RECIPE—15 Bean & Winter Squash Cassoulet

Well the weather turned, it got cold, it got damp and now Christmas and New year are over, its time to think about preparing deep, hearty and warming meals to satisfy the inner being. The following one is a lovely easy recipe, that just needs a bit of preparation with finding and soaking the beans. Remember do not salt the water that the beans are going to be soaked in as this will cause the skins to become tough and bitter.

If you really want to add meat to this dish, then use spanish chorizo or belly pork slices cut into cubes, brown in the pan at step 2.

### **Ingredients**

250ml - 15 bean mixture, soaked overnight and drained. If you use a mixture of dried and canned beans, then add the tinned beans at the 30 minutes to go mark

1.75l - water

1 tablespoon - rapeseed oil

1 large - red onion, diced

1 large - green or red pepper de-seeded and diced

2 stalks celery, diced

3 clove - garlic, minced

1 large butternut squash peeled and diced

1 can chopped tomatoes

50ml - tomato paste

1 tablespoon - dried oregano

2 tablespoon - chilli powder

1 1/2 teaspoon - ground cumin

1 teaspoon - black pepper

1 teaspoon - ground rock salt



### **Method**

In a large saucepan, combine soaked bean mixture and water; bring to a simmer. Cook uncovered over med low heat, stirring occasionally, until beans are tender, about 1 1/2 hours. Drain but reserve 150ml cooking liquid.

In another large saucepan, heat oil. Add onion, bell pepper, celery and garlic and saute 5-7 mins. Stir in cooked beans, cooking liquid, squash, chopped tomatoes, tomato paste and seasonings.

Cook 30 mins over low heat, stirring occasionally. Remove from heat, cover and let stand 5-10 mins before serving.

Ladle into bowls, serve and enjoy!

15 bean mixtures are available packaged in supermarkets and health food stores. If you prefer, make your own by combining equal amounts of dried blackeyed peas, red kidney beans, white kidney beans (cannellini), green lentils, split peas, black beans, yellow split peas, navy beans, cranberry beans, great Northern beans, pinto beans, small white limas, red lentils, cow peas, and pink beans. If you wish to use canned varieties, do not soak overnight but add at stage 3 above.

*Tim Fothergill*

## *Stepping up for the New Year*

At the start of each year I often find myself looking back to the important things that I have done over the last few years. One of the most important events that springs to mind was in 2005, when I took a step into new territory and started volunteering with the RSPB.

I enrolled to the society's residential volunteering scheme and took up a week's placement at Symonds Yat in Gloucestershire. The deal was that the RSPB provided me with accommodation for a week in the beautiful Forest of Dean and in return, I volunteered at the peregrine falcon viewpoint showing members of the public these wonderful birds.

When I look back I not only realise how much I learnt from this experience, but also how important volunteers are to the RSPB. In fact, I recently learnt that the current ratio between staff and volunteers is roughly 1600 staff to 17, 500 volunteers. I don't know about you, but I find these statistics astonishing!

I am now lucky enough to work with a team of around 30 volunteers here at Lakenheath Fen and they are a credit to our workforce. Our volunteers perform a wide range of roles including helping in the visitor centre, showing people wildlife on the reserve and helping out with the day to day management of the reserve.

Take regular volunteer John Wightman for example: He gives us the gift of his time at least three days a week and he simply oozes passion and enthusiasm when he talks about the reserve. He is a real "jack of all trades" and will quite happily apply himself to a wide range of jobs.

Although he is mostly to be found greeting visitors in the visitor centre, he will also come and help at events in the local community and manages the wide variety of pin badges that we have for sale in the visitor centre. Not bad for someone who travels all the way from Needham Market each time he comes here!

The RSPB has recently launched a new campaign which will last until 2020. It is called Stepping Up For Nature and it encourages everybody to do a bit more for nature. These steps can be as big or as small as you like and volunteering is just one thing you can do.

If you think volunteering might appeal to you, then why not step up for nature and get in touch? There is no minimum commitment and specialised wildlife knowledge is not required. We are always looking for new volunteers, so if you are interested, just pop in and see us or give us a ring on 01842 863400.

I hope you have enjoyed hearing about how I took my first steps towards where I am now. Hopefully this will inspire you to step up for nature and do the same. Have a good month and best wishes for 2012!

*David White—Information Officer - RSPB Lakenheath Fen*

# A Month on the Farm

It's been a relatively quiet period over the last couple of weeks as winter settles in properly. The past few weeks have seen all the calves weaned from their mothers - like humans they very rarely take well to this and so tends to be a stressful time for them. A group of our Belted Galloway mums actually decided to march through the field fence back to the barn to collect their offspring! Always something to keep us busy here...

Our Countryside Stewardship scheme has ended which gave us funding for looking after wild-life and continuing the type of farming we do here at Christmas Hill. Since then we have decided to plough up some of the fields and put them back into cultivation. They have mostly been seeded for winter wheat which should give us a slightly different view over our farm from now on. The ploughing and drilling has attracted large numbers of gulls and lapwings in the wake of the tractors. On the wildlife front it appears our resident breeding swans have now lost all of their 4 signets, presumably to a fox. It hasn't been the best year for them unfortunately. The bird feeders here have attracted all the



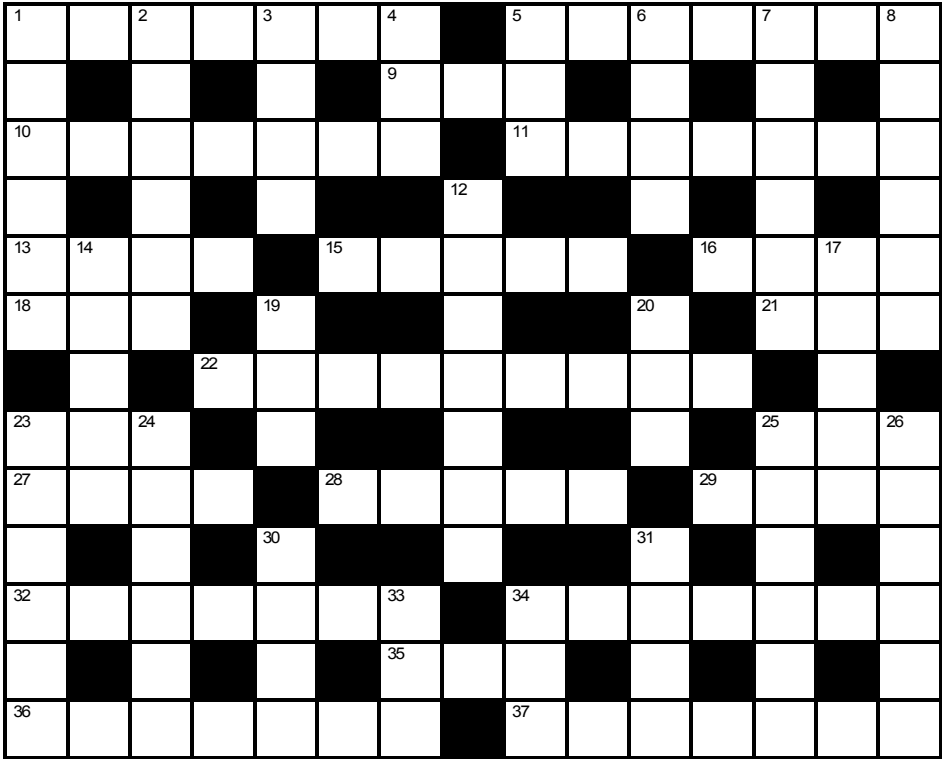
normal; tits, finches and woodpeckers in abundance plus we have also got tree sparrows this winter - nice to see as they were once common across the country but not so much recently.

We have had a very busy time of it on the farm shop side of things - local free-range turkeys and our Longhorn beef joints have proven the most popular. We're all having a bit of a rest afterwards which is always nice after the late nights and early mornings! A special thank you to all of our valued customers who have supported us over this period.



*Alastair Angus*

# GENERAL KNOWLEDGE CROSSWORD 152



## ACROSS

1. Sorrowful. 5. Bright green precious stone. 9. The day before. 10. Session of physical exercise. 11. Beginner. 13. Trade. 15. Change. 16. Uncommon. 18. Before. 21. Allow. 22. Preserve made from citrus fruit. 23. Hill. 25. Marshy area of land. 27. By word of mouth. 28. Wash or swim. 29. Blood. 32. Settle, or find a solution. 34. Approval. 35. Falsify. 36. Scandinavian country between the N. Sea & the Baltic. 37. An unpaid sports-person.

## DOWN

1. Foolish. 2. Obstacle. 3. Support. 4. Until the present or specified time. 5. Snake-like fish, 6. Style & enthusiasm. 7. Yearly. 8. County of South-West England. 12. Cautious & furtive movement. 14. Mistake. 17. Mention or allude to. 19. A rodent. 20. Fuss. 23. Very hot & dry. 24. Dried grape. 25. Caress lovingly. 26. 'The drink of the Gods'. 30. Urgent request. 31. Tibetan spiritual leader. 33. Large deer with antlers. 34. Edible spherical green seed.

*Ted Peters*

# SUDOKU

4				1		8	7	6
6			8	2	5			
3			7		4			
		6	3		1		5	
7		2				1		9
	3		2		7	6		
			5		9			1
			6	4	8			5
5	9	8		3				4

**Solutions for January Sudoku and Crossword will be in February edition of the Hockwold Village Magazine.**

## CROSSWORD 151 SOLUTION

### ACROSS

1. Cognac. 4. Plasma. 7. Aisle. 9. Rani. 11. Raja. 12. Mistletoe. 13. Soup. 14. Magi. 15. Resonance. 16. More. 17. Data. 18. Secondary. 21. Sins. 22. Iota. 23. Evergreen. 24. Road. 26. Gang. 28. Cited. 29. Emerge. 30. Appear.

### DOWN

1. Christmas tree. 2. Gin. 3. Cassis. 4. Pectin. 5. Sea. 6. Away in a manger. 8. Silent night. 10. Impressed. 11. Remedying. 19. Coerce. 20. Agenda. 25. Awe. 27. Ape.

## DECEMBER SUDOKU

4	8	3	2	5	9	1	7	6
6	1	5	8	3	7	4	2	9
2	9	7	1	4	6	8	5	3
9	3	6	4	7	2	5	8	1
7	5	8	6	1	3	9	4	2
1	4	2	5	9	8	6	3	7
3	6	9	7	8	5	2	1	4
8	7	1	9	2	4	3	6	5
5	2	4	3	6	1	7	9	8



# Hockwold Country Fair

## Sunday 17th June 2012



### We Need You!

We are looking for volunteers to help with the fair this year, so if you would like to get involved in either the preplanning, or can help out on the day, please call

Tony Crosby on 07876 780100

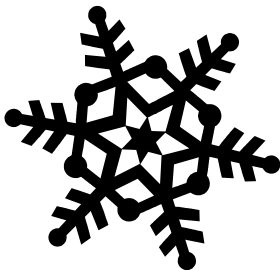
We are also looking for any photos people may have of Hockwold Country Fair 2011 to help us update our website. If you have some pictures of the event you would like to share please contact

Rebecca Morgan on 01842 827431.

Could all trophies please be returned to Tracey Sismey, thank you!

The shortest day has passed, and whatever nastiness of weather we may look forward to in January and February, at least we notice that the days are getting longer. Minute by minute they lengthen out. It takes some weeks before we become aware of the change. It is imperceptible even as the growth of a child, as you watch it day by day, until the moment comes when with a start of delighted surprise we realize that we can stay out of doors in a twilight lasting for another quarter of a precious hour.

- *Vita Sackville-West*



"From Heaven I fall, though from earth I begin.  
No lady alive can show such a skin.  
I'm bright as an angel, and light as a feather,  
But heavy and dark, when you squeeze me together.  
Though candor and truth in my aspect I bear,  
Yet many poor creatures I help to insnare.  
Though so much of Heaven appears in my make,  
The foulest impressions I easily take.  
My parent and I produce one another,  
The mother the daughter, the daughter the mother."

- *James Parton, A Riddle - On Snow*

'Twas the month after Xmas and all through the house,  
Nothing would fit me not even a blouse,  
When I got on the scales there arose such a number,  
When I walked to the shops (more like a lumber)  
I remembered the meals that I had prepared.  
The gravy and sauces and beef nicely rare,  
The wine and the cream the bread and the cheese,  
And the way that I always said, More !! Yes please.  
As I went and got dressed in my husbands old shirt  
and got ready to do battle with the past weeks dirt,  
I said to myself, as only I can,  
You can't spend winter dressed as a man.  
So away with the last of the sour cream dip  
Get rid of the fruit cake, the crackers and chips.  
All of the food that I like must be banished,  
'til all of those extra pounds have vanished.  
I won't have a cookie, not even a lick,  
I will only chew on a celery stick.  
I won't have French bread or stale Xmas pie,  
I'll sit in the corner and quietly cry.  
I'll be hungry and lonesome with life such a bore,  
But isn't that just what January is for?  
Unable to giggle, no longer a riot,  
Happy New Year to all on a diet.



*Sheila O'Brien*



## **Sovereign Bridge Club.**

Duplicate Bridge Club The Sovereign  
Center, Trafalgar Industrial Estate,  
Downham Market

Monday afternoons 1.30pm to 4.30pm  
£1.50 per session, including a Tea break.

Contact: Ray Waller 01842 827120  
Jean Wright 01366 383247

## **MINI MARKET**

Every Saturday  
9am to 10.30am  
Hockwold Village Hall

Dot Barrett  
T: 01842 827 227  
Rebecca Johns  
T: 01842 827268

EXERCISE CAN BE FUN

# AEROBICS

**EVERY MONDAY NIGHT  
7.30 TILL 8.30**

HOCKWOLD VILLAGE HALL  
**MALE AND FEMALE ALL AGES WELCOME : £ 3.50**

## YOGA

with Chrissie

Friday 10am—11am

Lakenheath Village Hall

Enquiries to Anne Cross

T: 01842 860038

email: [aesapsford@btinternet.com](mailto:aesapsford@btinternet.com)



## **St. James' Church, Hockwold**

### **WANTED**



Would you like to keep the bells of St. James' Church, Hockwold ringing? Can you come along on a Monday evening between 8pm and 9pm? Can you climb a stone spiral staircase? If so, then a warm welcome awaits you, but children must be accompanied by an adult.

*For further details, telephone Sue Annear (01842) 815430*

# HOCKWOLD VILLAGE CLUB

Main Street, Hockwold

Activities include

**CRICKET, BOWLS, DARTS, POOL, BINGO, CRIB, WHIST**

**DON'T FORGET WE ARE OPEN SUNDAY LUNCHTIMES:**

**12NOON—2PM**

Your Club needs your support to survive during these difficult economic times. Please support it.

Club facilities are available to members for functions such as birthday parties (child or adult), christenings, anniversaries, etc.

It's FREE if your event takes place during normal opening hours!  
Outside normal hours a small charge applies.

## **FORTHCOMING EVENTS**

<b>Quiz</b>	<b>15th January</b>
<b>Whist</b>	<b>11th &amp; 25th January</b>
<b>Bingo</b>	<b>none in January</b>

## **NEW MEMBERS WELCOME**

As from January 1st 2012:  
Membership £7.50 per year;  
OAPs & Juniors £4.00 per year



There will be a scout troop starting up in Feltwell from January – probably on a Tuesday evening from 7pm – 8.30pm. There is already Beavers and Cubs and this will be an opportunity for older boys and girls to take part too. If your child is aged between 10 ½ and 14 years of age and is interested in joining please contact Claire Scarff on (01842) 827555 or [clairescarff@tiscali.co.uk](mailto:clairescarff@tiscali.co.uk).

## **HOCKWOLD ARTS AND CRAFTS GROUP**

**Every Tuesday evening**  
**Hockwold Village Hall 7-9pm**

**Contact: Sheila O'Brien**  
**Tel: 01842 827141**  
**email: [sheila.obrien2@virgin.net](mailto:sheila.obrien2@virgin.net)**



# WHAT'S ON—JANUARY 2012

Sun	1st	RSPB Lakenheath—Stepping Up For The New Year
Mon	2nd	Bank Holiday Aerobics—Village Hall—7.30pm (tbc) Bell Ringing—St. James—8pm (tbc) Bridge—Downham Market—1.30pm (tbc) 'A Christmas Carol' - Village Hall—7pm
Tues	3rd	Feltwell Art Club—7pm Hockwold Arts & Crafts Group—Village Hall—7pm
Wed	4th	Friendship Club —Village Hall —2pm W.I.—Village Hall—7.30pm
Thurs	5th	Art For Pleasure—Weeting Village Hall—10.30am
Fri	6th	Yoga—Weeting Village Hall—10am—11am
Sat	7th	Mini Market—Village Hall—9am
Sun	8th	
Mon	9th	Aerobics—Village Hall—7.30pm Bell Ringing—St. James—8pm Bridge—Downham Market—1.30pm
Tues	10th	Feltwell Art Club—7pm Hockwold Arts & Crafts Group—Village Hall—7pm
Wed	11th	Village Club—Whist
Thurs	12th	Art For Pleasure—Weeting Village Hall—10.30am
Fri	13th	Yoga—Weeting Village Hall—10am—11am
Sat	14th	Mini Market—Village Hall—9am
Sun	15th	Magazine deadline Village Club—Quiz RSPB Lakenheath—Barn Owl walk—2.30pm

# WHAT'S ON—JANUARY 2012

Mon	16th	Aerobics—Village Hall—7.30pm Bell Ringing—St. James—8pm Bridge—Downham Market—1.30pm
Tues	17th	Feltwell Art Club—7pm Hockwold Arts & Crafts Group—Village Hall—7pm
Wed	18th	Friendship Club —Village Hall —2pm
Thurs	19th	Art For Pleasure—Weeting Village Hall—10.30am
Fri	20th	Yoga—Weeting Village Hall—10am—11am
Sat	21st	Mini Market—Village Hall—9am
Sun	22nd	RSPB Lakenheath—Big Garden Bird Watch—10am
Mon	23rd	
Tues	24th	
Wed	25th	Village Club—Whist
Thurs	26th	Art For Pleasure—Weeting Village Hall—10.30am
Fri	27th	Yoga—Weeting Village Hall—10am—11am
Sat	28th	Mini Market—Village Hall—9am
Sun	29th	RSPB Lakenheath—Barn Owl walk—2.30pm
Mon	30th	Aerobics—Village Hall—7.30pm Bell Ringing—St. James—8pm Bridge—Downham Market—1.30pm
Tues	31st	Feltwell Art Club—7pm Hockwold Arts & Crafts Group—Village Hall—7pm



## RSPB Lakenheath Fen Nature Reserve What's On In January



### **Sunday January 1                      Stepping Up For The New Year**

How will you step up for nature in 2012? Add your new year's resolutions for wildlife to our display and claim a **free** hot drink and a biscuit in the visitor centre. **Free event. No need to book.**

### **Sunday January 15                      Barn Owl Walk    2.30pm-4.45pm**

Two pairs of barn owls nest at Lakenheath Fen. Join us for an afternoon walk to try to see these beautiful birds hunting over the reserve. **Adults £4/ Children £2 (RSPB members half price)**

### **Sunday January 22                      RSPB Big Garden Birdwatch      10am-3pm**

It's the Big Garden Birdwatch next weekend. Activities include watching and identifying birds on our feeders, making fat balls, and the chance to win a prize. **Free event. No need to book**

### **Sunday January 29                      Barn Owl Walk    2.30pm-4.45pm**

Two pairs of barn owls nest at Lakenheath Fen. Join us for an afternoon walk to try to see these beautiful birds hunting over the reserve. **Adults £4/ Children £2 (RSPB members half price)**

#### **Costs**

Unless otherwise stated, events are £4 for adults, £2 for children  
(RSPB and Wildlife Explorers members half-price.)

#### **Other Information**

Most events have outdoor components so please dress appropriately. Stout-footwear and warm, waterproof clothing are strongly recommended. We suggest you bring a torch to evening events.

Registered charity no. 207076

**For all enquiries and bookings  
please contact: 01842 863400  
or email: [Lakenheath@rspb.org.uk](mailto:Lakenheath@rspb.org.uk)  
RSPB Lakenheath Fen Nature Reserve,  
Station Road, Lakenheath, Brandon, IP27 9AD.**

# HOCKWOLD entertainments

**MONDAY 2 JANUARY 2012**

The Keeper's Daughter Theatre Company presents "A CHRISTMAS CAROL" - 7pm

**SATURDAY 18 FEBRUARY**

ISLA ST CLAIR & PATRICK KING present "EYES FRONT"

An exciting combination of live performance and film about the effect of music in war-time

**WEDNESDAY 9 MAY 2012**

EASTERN ANGLES - "PRIVATE RESISTANCE"

The performance imagines what might have happened if the East region had been invaded during second world war - and how Churchill's guerrilla army (private resistance) would have reacted.

For more information please contact Ann 01842 827713.

We hope to see you on Monday 2 January 2012!

*Ann Cowper*

Quiz Night

**Hockwold Village Hall**  
**Saturday 25th February 2012**

**Tickets £6 (includes supper)**  
**£50 PRIZE!**

*All proceeds to support the Hockwold Country Fair*

**Tickets available from**  
**Tony Crosby 07876 780100**  
**Or Village Shop, Post Office, Mane Streak**

# **PLOUGH MONDAY**

Plough Monday is the first Monday after Epiphany, or Twelfth Night. Plough Monday was an important ritual for agricultural workers in the east of England for centuries, providing the opportunity to make some money at a difficult time of year. In medieval times the ploughboys were supposed to return to work on Plough Monday, the start of the new ploughing season. Instead the plough was paraded through the streets with the aim to extort money from the wealthy landowners.

Plough Monday and associated traditions are still practised, largely in the East of England, although many have been moved to the nearest Saturday to Plough Monday.

The Reformation in 1538 forbade these plough lights and abolished the plough guilds and put strict fines in place against those gathering behind the plough.

The exploits of the farm workers varied, largely depending upon the region of the country they hailed from. Generally, in Cambridgeshire and Norfolk, the ploughboys performed a dance called molly dancing, in the North East they danced with swords and in the East Midlands they performed mummers plays. The penance for non-payment was to have the front doorstep pulled up with the plough. The itinerant plough boys, often known as Plough Jacks, Plough Bullocks or Plough Stots, depending on the locality of the custom, would blacken their faces as a disguise, a tradition still practiced today. In the Cambridgeshire Fens children would collect money, often before school, this was known as Plough-witching.

It is known that Plough Monday was recognised as early as the 1400s and at that time was often connected to raising parish funds through the church. Plough guilds often maintained plough lights in the church and money was raised to keep the plough light burning.

With changing monarchs and political pressures the continuation of this custom, associated with the church, continued in a more patchy manner until the early/mid 1600s. After this time Plough Monday festivities became more disassociated from the church and became an opportunity for groups of farm workers to collect money for their personal gain, often ending in a feast for themselves and their families.

This year Plough Monday will fall on Monday 9th January. There are often events locally to mark Plough Monday, in past years Northwold and Great Hockham have had clodhoppers, molly dancers and mummers out on the streets as part of the festival. Watch out you don't get your front step ploughed!

